

Our practice is full of apparent opposites: delusion/enlightenment, true/false, dream/awakening, form/emptiness.

Silly people imagine that you throw away one and get the other. It's not so.

These are all polarities, delineating the whole body of full dynamic expression. Without firewood, no fire. Without birds, no sky.

Therefore, this day, do not wish all the debris into nothingness. Do not grasp for false tranquillity.

This day, bring a great fire