

In addition to our regular sittings at Rokpa House (Kagyü Samyé Dzong), the Glasgow Zen Group organises longer Sesshins, as well as Study Days. Please use the links on the left to find out when the latest events are taking place.

Regular Sittings

When

Tuesday

18:45 (18:30 for posture / about)

Saturday

08:15

Sunday

07:45

Where

[Rokpa Glasgow](#) (Kagyu Samye Dzong)

7 Ashley Street

Glasgow

G3 6DR

Scotland

Event update

Introductory Half Days

In Spring 2020 we have Introductory half days on Saturdays at 10:30 to 13:00 on the following dates at Kagyu Samye Dzong:

2020

11 January

8 February

11 April

9 May

13 June

Please come and join us, suitable for those new to zen, as well as existing group members. There is no need to book, but if you have any questions about these events please [contact us](#) .

Chanting Group

Meet on the first Sunday of each month at 12.30pm - 2pm at Kagyu Samye Dzong.

More info: <http://www.glasgowzen.com/gzg/events/chanting-group>

Sitting Updates

Please check here for updates for any cancellations of sittings. There are currently no cancellations of sittings.

